Meeting Minutes

VRSC – Vermont Regional Service Coordinators

03/20/2019

Opening

Meeting called to order by Susan Ainsworth-Daniels at 1:00 pm.

Present

Marianne Almeda, Lorelei Morrissette, Anne Duplin, Ashley Thurgate, Susan Ainsworth-Daniels, Cathie Cassano, Kim Bishop, Nancy Messina, Alyssa Hopewell, Susan Cottrell, Becky Arbella.

Approval of Minutes of Last Meeting

Motion was made to approve minutes by Susan Ainsworth-Daniels. Anne Duplin First, Becky Arbella seconded. Minutes were unanimously approved.

Budget Review

Treasurer Cathie Cassano presented budget. Sponsorship is up from 2018-partly due to Cathie calling on sponsors for failure to keep accounts current in 2018.

Cathie states membership is lagging.

Ashley Thurgate introduced herself as a new VRSC member. She works in Property Management for O'Brien Brothers.

Cathie made a motion to approve the budget. Lorelei Morrisette First, Marianne Almeda seconded. Budget was unanimously accepted.

New Business

Becky Arbella presented VRSC for the first time will have an Exhibition Booth/Table at the annual NERSC Conference in May. SASH/Shires Bennington is staffing the table and asked if anyone else is willing to help. All VRSC members are invited to bring brochures/information/PR materials from their companies for display on the VRSC table. Discussion of purchasing a VRSC Banner for the table with Susan Ainsworth-Daniels agreeing to get pricing. NERSC Vermont Conference basket looking for donations from all members. Let Becky Arbella know what you are bringing to the conference for the basket by April 25th. Becky has a basket. VRSC will allot \$100.00 to fill in the basket contents.

The next VRSC training will be in October/November 2019, time and date TBA.

Training/speaker request ideas from the meeting were: Dementia-Memory Care-Aging Mind. Engaging Participants through Music. Mental Health. Nutrition. Engaging Community. More of Today: Social Isolation. Grant Writing-Basics. Vermont Finance Agency ask to attend. Food and Nutrition as a topic for 2020 Spring.

Sue Cregle agreed to speak with Hunger Free Vermont about resources for grants for programming. Lorelei will contact Becky Arbella with contact for grant writing w/Brattleboro Local VT Foodbank.

Ann Duplin will contact her friend who does Grant writing. Cathie Cassano will contact Jen Hunter about grant writing.

Cathie Cassano suggested Yoga and or Tai Chi breaks during VRSC meeting. Cathie agreed to offer Yoga at next meeting.

Cathie needs to give Becky email list so she can send out certificates to attendees, websites and training.

Adjournment

Susan Ainsworth-Daniels adjourned the meeting at 1:40pm.

Minutes submitted by Marianne Almeda